

If you suspect an overdose has taken place call 999 and request an ambulance immediately.

Signs of an overdose:

- Shallow or difficult breathing
- Pinpoint pupils
- Blue-ish colour lips
- Unconsciousness

We can issue take-home Naloxone kits for people in need - please contact us on the telephone number below for more information.

There is always a risk associated with taking any illicit substance and anyone using any type of drugs should consider seeking professional support and advice.

If you would like a confidential chat about drug or alcohol issues please visit Aspire's live chat at www.aspire.community or

Ring 01302 730956